



1. Method for fabricating a rolled food item, comprising: providing a strip of support material and food, with the strip of support material and food having a trailing edge and a leading edge, with the food having a tackiness; rolling the strip of support material and food into a roll having a periphery and a center, with the support material located on the outside of the roll, with the trailing edge located on the periphery of the roll and with the leading edge located adjacent the center of the roll; and spraying a deposit of a source of moisture at least on the food adjacent to the trailing edge prior to its rolling into the roll, with the source of moisture increasing the tackiness of the food sufficient for the food to be adherable to the support material in the roll to at least prevent unrolling of the roll during fabrication of the rolled food item.

2. The method of claim 1 wherein providing the strip comprises providing the strip of support material and food having an elongated length between the trailing and leading edges; and wherein spraying the deposit comprises spraying the deposit of a length shorter than the elongated length of the strip of support material and food.

3. The method of claim 2 wherein spraying the deposit comprises spraying the deposit with the length approximately 10% of the elongated length of the strip of support material and food.

4. The method of claim 2 wherein spraying the deposit comprises spraying the deposit with a food grade water free of adhesive type additives.

5. The method of claim 3 wherein providing the strip comprises providing a strip of support material having side edges and providing food having side edges spaced inwardly from the side edges of the strip of support material.

6. The method of claim 5 wherein spraying the deposit comprises spraying the deposit having side edges spaced inwardly from the side edges of the food.

7. The method of claim 6 wherein providing the strip of support material and food comprises providing a strip of food with the leading and trailing edges of the strip of food being coextensive with the leading and trailing edges of the strip of support material.

8. The method of claim 7 wherein spraying the deposit comprises spraying the deposit having a trailing edge coextensive with the trailing edge of the strip of food.

9. The method of claim 8 wherein providing the strip of support material and food comprises providing food in the form of a sweetened dehydrated fruit based material.

10. The method of claim 9 wherein providing the strip of support material and food comprises providing the strip of support material in the form of silicon parchment paper.

14. Rolled food item comprising, in combination: a strip of support material and food, with the strip of support material and food having a trailing edge and a leading edge, with the strip of support material and food being rolled in a roll having a periphery and a center, with the support material located on the outside of the roll, with the trailing edge located on the periphery of the roll, with the leading edge located adjacent the center of the roll, with the food having a first portion adjacent the trailing edge and a second portion of a substantially longer length than the first portion, with the first portion of the food having a moisture content greater than the moisture content of the second portion and so that the tackiness of the food is sufficient for the food to adhere to the support material in the roll to at least prevent unrolling of the roll during fabrication of the rolled food item.

15. The rolled food item of claim 14 wherein the first portion has a length approximately 10% of the length of the strip of support material and food between the trailing and leading edges.

16. The rolled food item of claim 15 wherein the food has side edges spaced inwardly from the side edges of the strip of support material and with the first portion having side edges spaced inwardly from the side edges of the food.

17. The rolled food item of claim 16 wherein the food comprises a strip of food having leading and trailing edges coextensive with the leading and trailing edges of the strip of the support material, with the first portion having a trailing edge coextensive with the trailing edge of the strip of food.

18. The rolled food item of claim 17 wherein the food is in the form of a sweetened dehydrated fruit based material.

19. The rolled food item of claim 18 wherein the support material is in the form of silicon parchment paper.

20. The rolled food item of claim 17 wherein the strip of food has the same consistency between the trailing and leading edges aside from increased moisture content in the first portion.